

#21

TPR

**TOTAL
PHYSICAL
RESPONSE**

**Activities for Arapaho
Teachers/Students**

(Enter for
Arpaho)

BASIC PRONUNCIATION OF ARAPAHO SOUND SYSTEM

Arapaho Alphabet: B C E H I K N O S T U W X Y '

Vowel pronunciations:

Short vowel: e as in bet or net I as in it or bit o as in son or sun.
u as in push or put

A long vowel is a combination of two or more same vowels. ee, II, oo, uu, eee, III, ooo, uuu

Long vowel: ee as in at or hat II as beat or ski oo as in thought or caught
uu as in flute or through

A diphthong is a combination of two or more different vowels:

Example: ei is the long A vowel sound as in day
oe is the long I vowel sound as in pie.
ou is the long o vowel as in glow.

Pronunciation Key -- Consonants

- B Is between the voiced B and the blown P. Usually more like a B at the beginning of a syllable and more like a P at the end of the word.
- C Is between the voiced J and the blown CH. Usually more like a J at the beginning of a syllable and more like a CH at the end of the word.
- H Is just breathed at either end of a syllable.
- K Is between the voiced G (as in gum) and the blown K.
- N As in noon.
- S Is always pronounced as in sing, and never like the Z sound in trees or close.
- 3 As in three, thin, bath.
- T Is between the voiced D and the blown T.
- W As in water.
- X Is sound not heard in English, but similar to the German Machen or the Greek Xi, etc. to say K sound, but breathe out hard enough to make the back of your throat (your glottis) vibrate a little.
- Y As in Yes, young, unless it is blown U or I.
- ' Is called the glottal stop, and doesn't make a sound. It shows that the sound or breath is cut off suddenly.

TPR - Total physical response - is language & teaching through commands. Students learn vocabulary and structure by listening to commands from the teacher, watching the teacher act out the commands and then imitating the actions and language she models. TPR is based on the premise that people understand a language before they produce it. Small children listen to their mothers and fathers, understanding and responding to parents' words before risking words of their own. In the TPR method, students learn to comprehend the new language before they speak it, just as they did as infants.

TPR TOTAL PHYSICAL RESPONSE (1):

Through listening, watching, and imitating teacher, student will learn the following commands:

- 1. Cihciitei. Come in.**
- 2. Ceenoku. Sit down**
- 3. Bebi3oku. Sit properly.**
- 4. Wo'woku. Move over.
 (sitting)**
- 5. 3i'ookuu. Stand up.**
- 6. Wo'wusee. Move over.
 (standing)**
- 7. Niiteiyookuu'. Line up.**
- 8. Neheic. Come here.**
- 9. Wo'tenoo. Pick it up.**
- 10. Ciinenoo. Put it down.**

TPR TOTAL PHYSICAL RESPONSE (2):

1. 3ebciitei. Go in.
2. Neeicis. Go on.
3. Ceenoku. Sit down.
4. Teiitooneihi. Be still.
5. Neneenin. It is you.
6. Neneeninoo. It is me.
7. Nihii. Say it.
8. Beeseiti. Talk loudly.
9. Ceh'e3tii. Listen.
10. Cih'ei'towuuni. Tell me.

TPR-TOTAL PHYSICAL RESPONSE (3):

1. No'oehi. Go out.
2. Cihciitei. Come in.
3. Ceenoku. Sit down.
4. Wo3onohowu' heniisih'iitoooninoo.
Write your name.
5. Hihkoho'oe'. Raise your hand.
6. Henee'eehek Hinee?
Who is that?
7. 3ebeetsin. Call him over.
8. 3i'ookuu. Stand up.
9. Niiteiyookuu'. Line up.
10. No'oehi. Go out.

TPR-TOTAL PHYSICAL RESPONSE (4):

1. 3i'ookuu. Stand up.
2. Teitooon3i'ookuu. Stand still.
3. Ceh'e3hi. Listen to me.
4. Neheic. (sg.) Come here.
5. Cebisee. Walk.
6. Xonou. Right now.
7. Wo3onohoo heniisih'iit. Write your name.
8. Neyeitii. Read it.
9. Beeseiti. Talk loudly.
10. Hohohoo. Erase it.

IPR-TOTAL PHYSICAL RESPONSE (5):

1. Cihciitei. (sg.) Come in.
Cihciitei'. (pl.) Come in.
2. Ho'wuuteenin Tecenoo. (sg.) Close the door.
3. Neheic. Come here.
4. Noxuhul Hurry!
5. 3eboosiis. Get away from here!
6. Ceenoku. Sit down.
7. Heeyou nuhu'? What is this?
8. Nihii. Say it.
9. Beeseitil Talk loudly.
10. Hii3eti'. Good.

TPR TOTAL PHYSICAL RESPONSE (6):

1. **Woow nonooke'.** It's morning now
2. **Howoto'oo.** Wake up!
3. **3owo3ii!** Get out of bed.
4. **Hehiisio'hu.** Wash your face.
5. **Hehiisetnouhu.** Brush your teeth.
6. **Ciitosouhu'nii.** Put your socks on
7. **Ciito'ohnii.** Put your shoes on
8. **Hoonoyoohowun neyei3einotiil**
Watch for the school bus!
9. **Keise'enou'u?** Are you ready?
10. **Necis!** Go on!

TPR TOTAL PHYSICAL RESPONSE (7):

1. **Ceh'e3tii.** Listen.
2. **Iiisbi.** Lie down.
(Go to bed)
3. **No'uusi'oo.** Close your eyes.
4. **Nokhu.** Sleep.
5. **Howoto'oo.** Wake up.
6. **3owo3ii.** Get up.
(lying position)
7. **Nii'iibee.** Blow your nose.
8. **Hehiisio'hu.** Wash your face.
9. **Cih'ote'eihi.** Comb your hair.
10. **Nehniisi3ei'i.** Get to work.

TPR TOTAL PHYSICAL RESPONSE (8):

- | | | |
|-----|--------------------|--------------|
| 1. | Cebisee. | Walk by. |
| 2. | Ciibehcebis. | Don't walk. |
| 3. | Nihi'koohu. | Run. |
| 4. | Ciibeh nihi'koohu. | Don't run. |
| 5. | Ceno'oo. | Jump. |
| 6. | Ciibeh ceno'oo. | Don't jump. |
| 7. | Tou'! | Hit! |
| 8. | Ciibehtou'! | Don't hit. |
| 9. | Hoxo'on. | Laugh. |
| 10. | Ciibeh'oxo'oni. | Don't laugh. |

IPR TOTAL PHYSICAL RESPONSE (9):

- | | | |
|-----|--------------------------|-------------------------|
| 1. | Tootei'eihoo? | Where are you going? |
| 2. | Cihce'isee. | Come back. |
| 3. | Ceenoku. | Sit down. |
| 4. | Teiitooneihi. | Be still. |
| 5. | Toyoohowu. | Wait for me. |
| 6. | Howoh'oe. | Wait. |
| 7. | Heetoyoohobe3en. | I will wait for you. |
| 8. | Hiiko. Ceebehtoyoohowun. | No. Don't wait for him. |
| 9. | Ceh'e3tii. | Listen. |
| 10. | Listen to me. | Ceh'e3hi. |

TPR TOTAL PHYSICAL RESPONSE (10):

1. No'uusi'oo. Close your eyes.
2. Koonook'u. Open your eyes.
3. Kohei'i. Get up.
4. Teiitoone'ehi'. Be still.
5. Noohoot'oo. Look!
6. Neyeiton'i. Read it to me.
7. Ceenoku'. Sit down.
8. 3i'ookuu'. Stand up.
9. Niiteiyookuu'. Line up.
10. No'oehi. Go out.

TPR TOTAL PHYSICAL RESPONSE (11):

1. 3i'ookuu. Stand up.
2. Ciitoto'nii. Put on your hat.
3. Ceh'e3tii. Listen.
4. Hoxkuhu. Button up.
5. Wohuukuhu. Tie your shoes.
6. Niiteiyookuu. Line up.
7. Hihkoho'oe. Raise your hand.
8. Nii'iibee. Blow your nose.
9. Nehniibe'i. Sing.
10. No'oehi'. Go out.

TPR TOTAL PHYSICAL RESPONSE (12):

- | | | |
|-----|------------------------|----------------|
| 1. | Cihciitei'. | Come in. |
| 2. | Ho'wuuteenin. (tecnoo) | |
| | Close the door. | |
| 3. | Cih'ei'towuuni. | Tell me. |
| 4. | 3ebeetsin. | Call him over. |
| 5. | Heeneti. | Talk. |
| 6. | Hei'towuuninee. | Tell me. |
| 7. | Neheic. | Come here. |
| 8. | Wo'tenoo... | Pick up... |
| 9. | Ciinenoo. | Put it down. |
| 10. | Ceenoku. | Sit down. |

TPR TOTAL PHYSICAL RESPONSE (13):

- | | | |
|-----|---------------|-------------------------|
| 1. | Neheic. (sg.) | Come here. |
| 2. | Noohootoo. | Look at it.
(book) |
| 3. | Wo'tenoo. | Pick it up. |
| 4. | Neyeitii. | Read it. |
| 5. | Ciinenoo. | Put it down. |
| 6. | Noohootoo. | Look at it.
(pencil) |
| 7. | Kokouh'uutii. | Examine it. |
| 8. | Toxu'ohoo. | Sharpen. it. |
| 9. | Ceitii. | Give it to me. |
| 10. | Ceenoku. | Sit down. |

BIBLIOGRAPHY

TPR TOTAL PHYSICAL RESPONSE (14):

1. Howoto'oo! Wake up!
2. 3owo3ii! Get out of bed.
3. Hehiisio'hu. Wash your face.
4. Hokohcii3bii. Change your clothes.
5. Nehbii3ihi. You better eat.
6. Noxuhu! Hurry!
7. Wontoyoohowun neyei3einotii!
Go wait for the school bus.
8. Toyoohowu. Wait for me.
9. Nehwonineyei3ei.
Go to school.
10. Nih'oniitowool
Try hard!
(Don't give up.)

Clare, Elizabeth
1988

ESL Teachers Activity Kit,
Whole-Body Involvement with
Total Physical Response
Activities. Page 28-34

Haas, Frances Merle
1992-93

Arapaho Language and Culture
Curriculum and Instructional
Guide, Grades K-2. Wyoming
Indian Schools, Ethete.

Hill, Mignos S.
1982

Teacher's Guide: Joyous Expression
Creative Thinking. Wyoming Dept.
of Education, Laramie, Wyoming.

Hoss, Sr., Alonzo
1992-93

Teacher/Staff Reference Book on
Conversational Arapaho. Wyoming
Indian Schools, Ethete.

PR Total Physical Response

ih'oo3itooto': 3oo3ouuteiseet and Nookhoosei

PR Total Physical Response

ritten by: Alonzo Moss, Sr. and Merle Haas

ublished by: copyright 1993 Wyoming Indian Schools: Title 5

ll rights reserved. The use of any part of this publication
eproduced, transmitted in any form or by any means, electronic,
echanical, photocopying, recording, or otherwise, or stored in a
etrieval system, without written consent of the publisher is an
nfringement of the copyright law.

unding provided under grant #S061A20017. Indian Education Act
.L. 100-297: Educational Services for Indian Children.

o order books contact:

Wyoming Indian Schools; Title 5
ander Route Box 340
hete, Wyoming, U.S.A. 82520
elephone: (307) 332-2063